

# BE WISE. STAY ALIVE. WEAR YOUR PPE!

All U.S. Army personnel are required by regulation to wear Personal Protective Equipment (PPE) when riding as the operator or a passenger on a motorcycle. This applies to all Soldiers and Army civilians in a duty status, on or off a DOD installation, and all persons at any time on an Army installation.

## BE SEEN AND PROTECTED

Clothing designed for riding a motorcycle generally offers both protection and visibility. If black is chosen, a conspicuous enhancement should be worn. Reflective quality and location on the rider is more important than the amount of reflective material.

Local requirements may differ slightly. Riders should check with their installation safety office for details.

\*NHTSA Traffic Safety Facts DOT HS 810 887W



ARMY STRONG



U.S. ARMY CENTRAL PERSONNEL SAFETY CENTER  
<https://cro.army.mil>



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### Helmets

Must meet DOT standards and be properly fastened under the chin. Full face helmets offer the best protection. NHTSA estimates that helmets reduce the likelihood of a crash fatality by 37% and brain injury by 67%.\*

### Eye protection

A windshield alone is not proper eye protection. Impact or shatter resistant face shield, goggles, or wraparound glasses that meet ANSI Standard Z87.1 are required. Tinted lenses may be worn during the day, but clear lenses should be used at night.

### Clothing

Dress for the SLIDE not the ride! Garments made from leather or abrasion resistant fabric provide a high level of protection. AR 385-10 requires the use of full fingered gloves or mittens designed for riding a motorcycle.

### Sturdy footwear

Sturdy footwear, leather boots or over the ankle shoes must be worn. Motorcycle footwear with low heels and oil resistant soles provide a good grip on the pavement.

# 2010 MOTORCYCLE SAFETY COURSE SCHEDULE

CONTACT JIM AIELLO, SAFETY MANAGER  
FOR INFORMATION AND COURSE  
REGISTRATION - 717-245-4353  
CARLISLE BARRACKS  
SAFETY OFFICE



COURSE	TYPE	DATES
ONE	BASIC	APRIL 7- 11
TWO	BASIC	APRIL 28-May 2
THREE	BASIC	MAY 12-16
FOUR	ADVANCED	MAY 29
FIVE	BASIC	JUNE 2-6
SIX	BASIC	JULY 7-11
SEVEN	ADVANCED	JULY 31
EIGHT	BASIC	AUGUST 11-15
NINE	BASIC	SEPTEMBER 8-12
TEN	BASIC	OCTOBER 6-10
ELEVEN	ADVANCED	OCTOBER 23

## BASIC RIDER'S COURSE

- CLASSROOM SESSIONS – 6 HRS TOTAL
  - LOCATION – CARLISLE BARRACKS MEMORIAL CHAPEL
  - PART 1 – WEDNESDAYS, 1800 – 2100
  - PART 2 – THURSDAYS, 1800 – 2100
- RIDING SESSIONS – 10 HRS TOTAL
  - LOCATION – BUILDING 314/315 PARKING LOT
  - PART 1 – SATURDAYS, 0830 – 1330
  - PART 2 – SUNDAYS, 0830 – 1330
- MOTORCYCLES AND HELMETS PROVIDED
- MEETS DOD/DA TRAINING REQUIREMENT

## ADVANCED RIDER'S COURSE

- CLASSROOM SESSIONS – NONE
- RIDING SESSION – 5 HRS TOTAL
  - LOCATION – BUILDING 314/315 PARKING LOT
  - SCHEDULED DATE, 0830 – 1330
- MOTORCYCLES AND HELMETS **NOT** PROVIDED
- **DOES NOT** MEET DOD/DA TRAINING REQUIREMENT