

CARLISLE BARRACKS RETIREE BULLETIN

MPSD, CARLISLE BARRACKS
CARLISLE, PA 17013-5062



42st ANNUAL Carlisle Barracks Retiree Appreciation Day

Time Sensitive!
PLEASE DELIVER
NLT 11 September 2016

OFFICIAL BUSINESS

DEPARTMENT OF THE ARMY
Soldier for Life Retirement Services Office
MPSD, Carlisle Barracks
46 Ashburn Drive
Carlisle, Pennsylvania 17013-5062

PRESORT STANDARD
U.S. POSTAGE
PAID
WASHINGTON, D.C.
PERMIT # 869

RETIREE APPRECIATION DAY AGENDA

PLACE: Bliss and Root Halls, U.S. Army War College

DATE AND TIME: Saturday, 8 October 2016 starting at 7:30 am-3:10 pm

7:30- 9:00 am	Registration in War College Gym
9:00- 9:20 am	Opening Ceremonies in Bliss Hall Auditorium
9:20- 10:00 am	Keynote Speaker Major General William (Bill) E. Rapp
10:10-10:20 am	DUNHAM Clinic Update
10:20-10:45am	BREAK
10:45-12:00 am	Return to Bliss Hall for Tricare-For-Life Briefing (over age 65) or go to Reynolds Theater for Tricare Briefing (Under age 65)
1200-1:00 pm	LUNCH
1:00- 1:05 pm	WELCOME BACK & Speaker Intro in Bliss Hall
1:05-1:20 pm	Retiree Council Presentation in Bliss Hall
1:20-1:35 pm	Exchange Update in Bliss Hall
1:35 – 1:50 pm	Commissary Update in Bliss Hall
1:50- 2:05 pm	Legal Update in Bliss Hall
2:05-3:00 pm	VA briefing in Bliss Hall
3:00-3:10 pm	Closing Remarks and Farewells

DIRECTIONS

From Interstate Rt. 81, Exit 52 or PA Turnpike I-76, Exit 226.

Follow US Rt. 11 South

- 1. If you have a Current Military ID, Go straight about 5 miles and make a Left turn thru Ashburn Gate.**
- 2. If you don't have a Current Military ID Card, stay on Left Lane of Rt. 11 South for about 2 miles; Turn Left onto Harmony Hall Road & follow the Blue Carlisle Barracks Signs to the Back Gate! Turn Left to go thru Security. If you do not have a Current Military ID, be prepared to show Driver's License, Car Registration & Proof of Car Insurance and please Show Picture ID's for everyone in the vehicle.**

Follow the SPECIAL EVENT SIGNS to PARKING LOTS and APPRECIATION DAY SITE!

PLEASE MAIL PRE-REGISTRATION FORM NLT 30 Sept or sooner

Retirement Services Office, 46 Ashburn Dr., Carlisle, PA 17013-5062 Or FAX to 717-245-4227

PLEASE do not email Pre-Registration form!

-----(CUT HERE)-----

For Official Use Only

CARLISLE BARRACKS RETIREE APPRECIATION DAY PRE-REGISTRATION FORM

YES, I plan to attend this year's Retiree Appreciation Day! There will be _____ in my party.

YES, I can assist during the Appreciation Day by being an Usher in the Bliss Hall Auditorium _____

NAME _____ RANK _____ SERVICE _____

ADDRESS _____

STATE _____ ZIP _____

Phone _____ Email _____

For Official Use Only



DEPARTMENT OF THE ARMY
UNITED STATES ARMY WAR COLLEGE AND CARLISLE BARRACKS
CARLISLE, PENNSYLVANIA 17013

REPLY TO
ATTENTION OF

29 June 2016

IMCL-ZA

MEMORANDUM FOR MILITARY RETIREES, FAMILY MEMBERS, SURVIVORS AND PRE-RETIREE PERSONNEL

SUBJECT: Carlisle Barracks Retiree Appreciation Day Invitation

1. On behalf of Major General William (Bill) E. Rapp, I cordially invite you to attend the 42nd Annual Retiree Appreciation Day at Carlisle Barracks Root and Bliss Halls on **Saturday, 8 October 2016**. The day will begin at 0730 at the Root Hall Gymnasium with registration and then opening activities in the Bliss Hall Auditorium at 0900. There will be a Keynote Address in Bliss Hall by the Commandant, Major General Rapp starting at 0920. We will then host a series of seminars on such topics as TRICARE (Under Age 65), TRICARE-for-Life (Over Age 65), Legal Affairs and Veterans Affairs. In addition to seminar activities, Post Activities and organizational representatives will be in Root Hall Gym from 0730 - 1500 depending on representative availability. We also offer an opportunity for a "Mini-Heath Screening." The ID Card Section, Anne Ely Hall, 46 Ashburn Drive, will be open from 0830 - 1400. Food options are Joint Deli at Root Hall, Exchange Subway, Commissary, and prepaid box lunches. For more information on prepaid box lunches go to page eight. Finally, the Commissary will be open until 1700 and the Post Exchange will be open until 1800.
2. We have again planned our Retiree Appreciation Day to coincide with the Carlisle Barracks; Oktoberfest at the Army Heritage Education Center (AHEC) located on Army Heritage Drive. We encourage you to visit the Oktoberfest and enjoy the festivities, food, drink, and music throughout the day. Shuttles will run from 0730 - 1545 between the parking lots marked on your maps, the U.S. Army War College and the Oktoberfest location at AHEC.
3. For planning purposes, please complete the pre-registration form in this bulletin and **return it no later than Friday, 30 September 2016** and mail to: **Retirement Services Office, MPSPD, 46 Ashburn Drive, Carlisle, PA 17013-5062**.
4. This day is a small gesture of appreciation for your service to our country. Thank you for all that you have done and continue to do for this great Nation. We look forward to your visit! If you have any questions regarding these events, please contact the Retirement Services Office at **717-245-4501** or **717-245-3894**.

A handwritten signature in black ink, appearing to read "Greg Ank".

GREG ANK
LTC, MI
Garrison Commander

Where to Sleep in the Carlisle Barracks Area?

For those who wish to stay at Carlisle Barracks-IHG Army Hotel, please call **717-245-4245**. Call NOW & have your Credit Card Ready for Reservations. There are 45 rooms and I cannot arrange for a "Block of rooms" for our Event!

MY DISCLAIMER: Carlisle Barracks & I do not sanction the list below. The list comes from...

<http://www.visitcumberlandvalley.com/business-directory/where-to-sleep/hotels.html>

Hotels/Motels in Carlisle, PA

	Address & Zip Code	Phone	Web
America's Best Value Inn	1460 Harrisburg Pike, 17015	717-249-7775	www.americasBestvalueinn.com/bestv.cfm?idp=1716
Best Western Carlisle	1155 Harrisburg Pike, 17013	1-866-597-6200	www.bestwestern.com/Carlisle
Budget Inn	1125 Harrisburg Pike, 17013	717-422-5129	http://www.booking.com/hotel/us/carlisle-1125-harrisburg-pike.html
Comfort Suites Hotel	10 S. Hanover St., 17013	717-960-1000	www.comfortsuitescarlisle.com
Country Inn Carlisle South	1529 Commerce Ave, 17015	717-241-4900	www.countryinns.com/carlislepa
Days Inn & Suites	101 Alexander Spring Rd. 17015	717-258-4147	www.daysinnCarlisle.com
Econo Lodge Carlisle	1252 Harrisburg Pike, 17013	717-243-8585	www.econolodge.com
Fairfield Inn & Suites by Marriott	1528 E Commerce Ave., 17015	717-243-2080	www.marriott.com
Hampton Inn Carlisle	1164 Harrisburg Pike, 17013	717-240-0200	www.carlisle.hamptoninn.com
Hotel Carlisle/Embers	1700 Harrisburg Pike, 17015	717-243-1717	No Web Site
Howard Johnson Inn	1245 Harrisburg Pike, 17013	717-243-5411	www.knightsinn.com
Motel 6	1153 Harrisburg Pike, 17013	717-249-7622	www.motel6.com
Red Roof Inn	1450 Harrisburg Pike, 17015	717-245-2400	www.redroof.com
Quality Inn	1255 Harrisburg Pike, 17013	717-243-6000	www.qualityinnpa.com
Residence Inn	1 Hampton Ct, 17013	717-610-9050	www.carlisleresidenceinn.com
Rodeway Inn	1239 Harrisburg Pike, 17013	717-249-2800	www.rodewayinn.com
Sleep Inn Carlisle	5 E. Garland Dr, 17013	717-249-8863	www.sleepinn.com/
Super 8 Motel North	1800 Harrisburg Pike, 17013	717-249-7000	www.super8.com
Super 8 Motel South	100 Alexander Spring Rd, 17013	717-245-9898	www.super8.com
Travelodge	1247 Harrisburg Pike, 17013	717-243-2960	www.travelodge.com

HANDY MILITARY TOLL-FREE NUMBERS

ARMY Reserve HR Retirement Benefits, St. Louis, MO	1-888-276-9472
Bureau of Veterans Affairs, Ft Indiantown Gap	1-800-547-2838
DEERS Update/Information	1-800-538-9552
Retirement & Annuity Pay Center, Cleveland, OH	1-800-321-1080

TRICARE PHONE NUMBERS

TRICARE Information (Under age 65)	1-877-874-2273
TRICARE Retiree Dental Program	1-888-838-8737
TRICARE For LIFE! (Over age 65)	1-866-773-0404
TRICARE Mail-Order Pharmacy Program	1-877-363-1303
TRICARE Retail Pharmacy Program	1-877-363-1303

VA PHONE NUMBERS

VA Insurance Information (NSLI -Old GI Insurance)	1-800-669-8477
VA Insurance Information (VGLI & SGLI)	1-800-419-1473
VA Education Customer Service Office (GI Bill/Post 911)	1-888-442-4551
VA Regional Office (General Questions)	1-800-827-1000

CARLISLE BARRACKS PHONE NUMBERS

**On-Post information - 717-245-3131 during normal duty hours only Mon-Fri 0700 - 2300
Or Call the Office you want at 717-24x-xxxx**

DUNHAM HEALTH CLINIC - CLOSED on THURS AFTERNOONS	
Clinic Information	5-3400 or Toll-free 1-877-787-2569
Health Benefits Advisors	5-4112/5-3918
Patient Affairs	5-3911
Patient Appointments	5-3400/1-877-787-2569
Pharmacy	5-3400
Pharmacy (Dunham Clinic Phone-in Refill)	1-800-248-6337, Press 2, then 4, then 4
Pharmacy (PX Refill Station)	1-800-248-6337, Press 2, then 4, then 1
OTHER POST PHONE NUMBERS	Phone
Army Community Services	5-4357
Army Emergency Relief, Financial Counsel Aid	5-4720
Barber Shop (PX)	249-4958
Barracks Crossing (Engraving, Frame, Auto)	5-3319
Bowling Center	5-4109/5-3027
Chapel (Post)	5-3318
Commissary	5-3105
Golf Course Club Lounge & Snack Bar	5-3267
Legal Assistance/Appointments (JAG)	5-4940
Letort View Community Center & Catering	5-3991
Post Exchange	243-2065
Post Closures Due to Bad Weather	5-3700
Retirement, Survivor, Transition Ofc (Military)	5-4501/3894

CARD SITES IN PENNSYLVANIA For more sites: www.dmdc.osd.mil/rsl/

Location	Address	Phone
Allentown	1400 Postal Rd, Allentown PA 18109	610-264-8823
Annville	Bldg 9-68, Ft Indiantown Gap, PA 17003	717-861-8693
Avoca	1200 Navy Way Road, Avoca PA 18641	570-457-8430 x212
Carlisle	46 Ashburn Dr., Carlisle Barracks, PA 17013	717-245-3533
Chambersburg	2 Wisconsin Ave., Chambersburg, PA 177201	717-267-8751
Coraopolis	300 Tanker Road, #4226 Coraopolis PA 15108	412-776-7411
Danville	90 Liberty Valley Road, Danville PA 17821	570-275-7450
Ebensburg	260 Industrial Park Rd., Ebensburg PA 15391	814-472-5083 *810
Erie	3938 Old French Rd., Erie, PA 16504	814-434-0209 x247
Johnstown	295 Goucher St., Johnstown, PA 15905	814-288-6000/5087
Mechanicsburg	5450 Carlisle Pike Bldg 26, Mech., 17055	717-605-5176
	81 Constellation Ct., Middletown PA 17057	717-948-2285/2283
Middletown		
Moon Township	99 Soldiers Lane, Moon Township. 15108	412-604-8319
New Cumberland	2021 Mission Dr., New Cumberland, PA 17070	717-770-7111
Philadelphia	2700 Southhampton Rd, Philadelphia PA 19154	215-856-5925
Tobyhanna	11 Hap Arnold Blvd., Tobyhanna, PA 18466	570-615-7409
Williamsport	1307 Grove St., Williamsport, PA 17701	570-321-5041
Willow Grove	1051 Fairchild St., Willow Grove PA 19090	215-323-7417/7419

Carlisle Barracks Retiree Bulletin

Military Personnel Services Division, Carlisle Barracks, Carlisle, PA 17013

August 2016

**Retiree Appreciation Day at Carlisle Barracks
is scheduled for Sat, 8 October 2016!**

A Message from your Retirement Council

Ms Theresa Derr, former Retiree Services Officer, retired 1 June 2016. The new Retirement Services Officer will report 11 July 2016, and after a couple weeks of orientation will assume the duties early August. The RAD of 8 Oct 2016 is right around the corner. The members of the Retiree Council continue to work with the Garrison Commander to develop a Retiree Appreciation Day that meets your needs. During the first quarter of 2016, the council reviewed all of your comments from 2015 RAD, thoroughly discussed them with the Garrison Representative, and developed a six question survey to learn your opinion on how to improve the 2016 RAD. The survey was conducted using survey monkey and distributed to 505 Retirees using email. There was a 42% response rate for the survey. The responses to the questions resulted in our adjusting both the beginning and the ending times for the RAD, extending the length of the TRICARE briefings, and making arrangements with MWR to have available a pre-paid box lunch. See below for more information on box lunches. Furthermore, in response to the many suggestions and request for information provided by you in completing the survey, we are including a separate handout in your registration packet that addresses these topics. The members of the Carlisle Barracks Retiree Council encourage you to join us for the 2016 Retiree Appreciation Day on Saturday, 8 October 2016.

Your Retirement Services Office
publishes this Retiree Bulletin.

Legal Services...

Will be available. If you need a WILL or Power of Attorney, you will need to know the addresses and phone numbers of certain loved ones you may want to appoint in the documents. Free NOTARY services will be provided please bring in UNSIGNED DOCUMENTS that you need notarized. Legal Services phone number 717-245-4940.

BOX LUNCH INFORMATION

Choose the below number of box lunches you want to order and then make a check out to "IMWRF", cost of each box is \$10.00, and mail your check and choices to:

April Spinks, Catering Manager

Letort View Community Center

313 Lovell Avenue, Carlisle PA, 17013

Checks must be mailed NLT Monday 26 September 2016 or sooner.

- Roast Beef Sandwich
- Ham Sandwich
- Turkey Sandwich
- Veggie Wrap

Each box contains your choice of sandwich, cookie, bottle water or soda, apple and a bag of chips.

Any questions, please contact Ms April Spinks,

Telephone: 717-245-3960